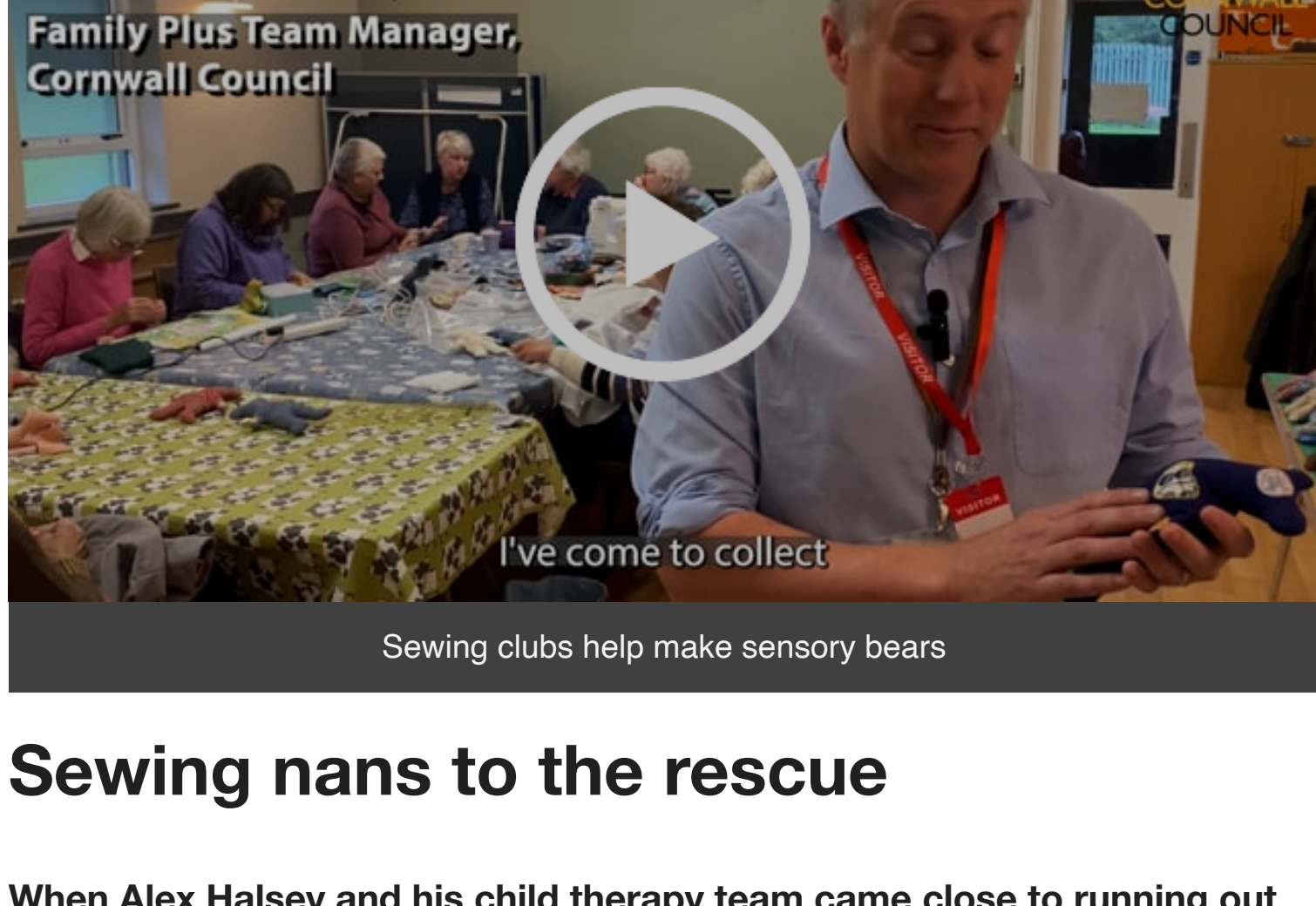


View this email in your browser



# Stay in Touch

Together for a carbon neutral Cornwall where everyone can start well, live well and age well



## Sewing nans to the rescue

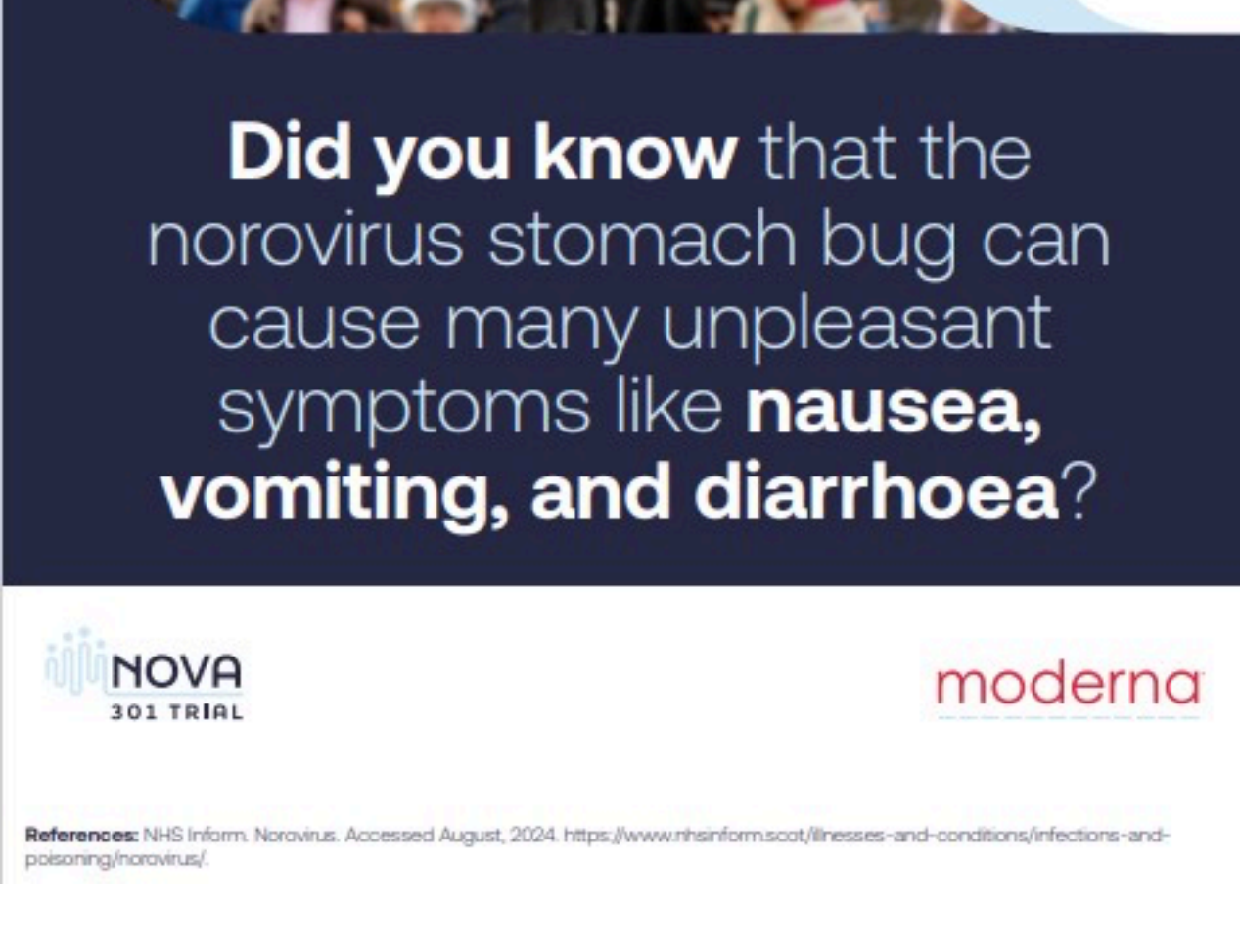
When Alex Halsey and his child therapy team came close to running out of vital sensory bears, he knew exactly who to turn to.

Alex, who manages Cornwall Council's Family Plus Team, got straight on the phone to his nan, Jean Sampson, who immediately recruited her Saltash sewing group, Bridge View Quilters, to help.

As luck would have it, fellow group Brunel Quilters from the same town were able to lend a hand and before long almost 50 sewers were hard at work making the bears.

They spent more than 160 hours creating 82 bears, and last week Alex made a special trip to pick them up from The Core Youth and Community Centre where the groups are based.

[Find out more](#)



## Volunteers sought for Norovirus vaccine trial

Help to see if we can protect people against symptoms caused by the norovirus stomach bug with an investigational mRNA vaccine.

Norovirus is one of the most common causes of stomach bugs in the UK. There is currently no vaccine to protect against norovirus infection.

Researchers at the Royal Cornwall Hospitals NHS Trust (RCHT) are recruiting people to take part in a clinical trial to see if an investigational vaccine (a vaccine that is being studied) may be able to protect adults against the symptoms caused by the norovirus stomach bug.

To take part in the Nova 301 Trial, you must be 18 years of age or over, be in good health and should not currently have a chronic gastrointestinal disease. Participants will be reimbursed for their trial-related time and expenses, for example, travel.

[Get involved with the trial](#)



## New Healthy Schools Toolkit Launched

The Cornwall Healthy Schools Toolkit has been developed by Healthy Cornwall and a range of partner organisations with the aim to support schools across Cornwall and the Isles of Scilly to boost the health and wellbeing of pupils, their families, school staff and the whole of the local community.

The toolkit was officially launched on Saturday (October 19) during a community 'Big Dig' event at Heamoor Primary School in Penzance, where students and their families, local businesses, organisations and more came together to create allotments that will be used by the local community and the school.

[Learn more](#)

**North East Cornwall**

# Bin delivery issue? Report it online!

Please report only once  
[www.cornwall.gov.uk/bindelivery](http://www.cornwall.gov.uk/bindelivery)

**Cornwall recycles**  
Karnow o wro sygyrlyho

## If you live in North East Cornwall you should have your new bins

North East Cornwall residents – we've nearly finished deliveries of new bins in your area.

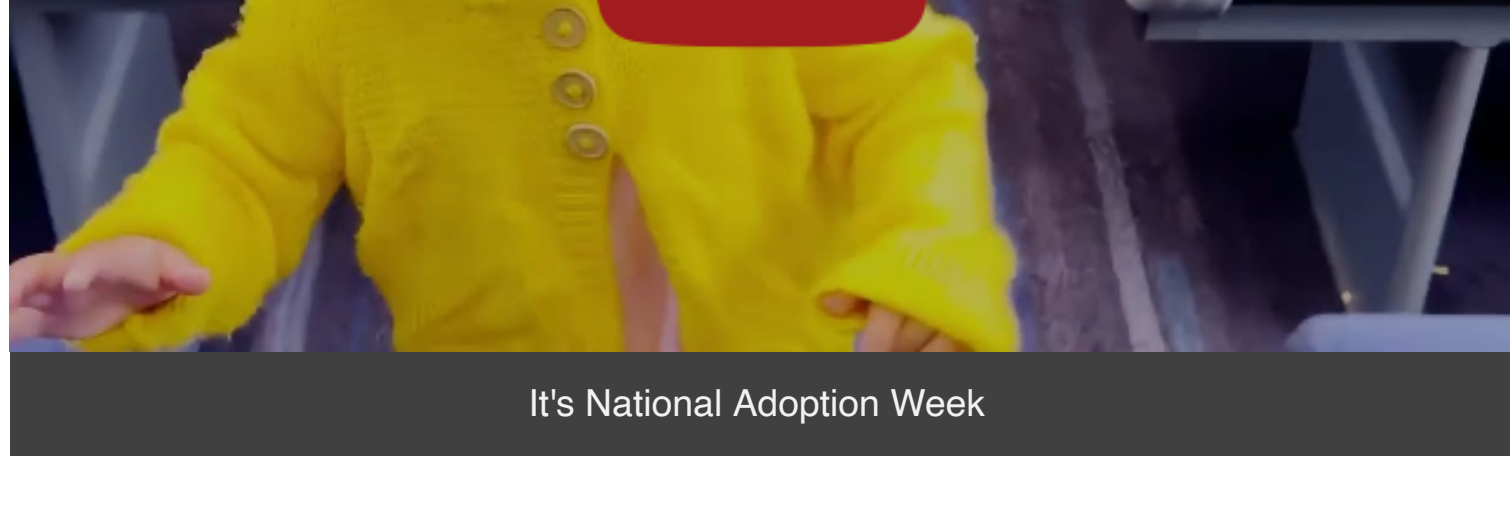
If you live in the following places and haven't received your new bins yet please report it online.

**Bodmin, Bude, Launceston, Padstow, Wadebridge, Camelford, Kilkhampton or their surrounding areas**

If you've already logged an issue with us in the past two weeks, please don't log it again. Thank you for your patience as we work through requests for new recycling containers and missing bins or caddies.

If you need to order more recycling bags or an extra box, [please order them on our website](#).

[Report a missed delivery](#)



## Adoptive families come in all shapes and sizes

As part of the campaign for National Adoption Week 2024, a new short film, set onboard a train, follows the stories of three adoptive families on their travels.

Just like adoption, trains connect people to one another and act as a fitting metaphor for the adoption journey – one that is full of adventure, chaos, and love. Each family explores how, just like all families, adoptive families come in all shapes and sizes and go through ups, downs and detours during their lifelong journey – but ultimately the experience has been positive and definitely worthwhile.

[Start your adoption journey](#)

# Switching off/dimming street lights

[www.cornwall.gov.uk](http://www.cornwall.gov.uk)

## Street light dimming

We're continuing our green initiative to cut carbon emissions and save energy by adjusting street lighting in more areas.

Street lights will be dimmed or switched off between midnight and 5am when most residents are asleep.

The next areas in the roll-out are: Altarnun Parish, Boyton, Grimscott, Kilkhampton & Stibb, Laneast, Lockengate, Lostwithiel, Morwenstow Parish, North Petherwin, Polperro, Poundstock Parish, St Gennys Parish, St Keverne Parish, St Stephen-in-Brannel Parish, Week St Mary, and Whitstone.

[Find out more](#)

# UNLOCK YOUR POTENTIAL

## SKILLS FOR LIFE MULTIPLY

**Multiply offer free maths training to anyone over 19 years old**

If you'd like to improve your maths, build confidence with numbers, feel you can help other family members with maths homework, or to get better at budgeting and money management the get in touch today.

You can attend courses face to face, or online. If you're interested, please fill out our form and we'll get in touch.

[Apply for a place.](#)

**Tell us about your childcare needs and experiences**  
Childcare provision survey 2024

**Are you a parent or carer with a child or children and families service would like to hear about your childcare needs, what choices you have and what provision you are choosing.**

We want to understand whether or not you're able to find the childcare that you need so we can then identify what the biggest childcare provision issues are (and where), and work to try to address them.

We also want to hear your thoughts about the quality of the childcare you're choosing.

You can find our survey on the [Let's Talk Cornwall website](#). It should take no more than 15 minutes to complete and you have until December 20, 2024, to have your say.

### Do you know the importance of sand dunes to us here in Cornwall?

The 2 Minute Foundation, with support from the Making Space for Sand project, have created a series of short films that explores the formation, importance, and preservation of sand dunes. Each episode dives into how these natural landscapes protect coastlines, support biodiversity, and mitigate the effects of climate change.

Through stunning visuals and expert insights, the series emphasizes the need for conservation efforts to restore and safeguard these fragile ecosystem. [Watch the films...](#)

**Stop germs spreading**

**Catch it. Bin it. Kill it.**

[Stop the spread of germs by taking simple steps to protect yourself and others:](#)

- Use tissues to trap germs
- Wash your hands often with warm water and soap
- Put used tissues in the bin as quickly as possible
- [Get vaccinated if you're eligible](#)

If you don't feel well enough to go to work or carry out your normal activities, please try to stay at home and avoid contact with other people.

### News in brief

The scaffolding is down, and preparations are under way for the opening of **Pixel, the home of the Penzance Creative Cluster**. This cutting-edge, three-storey building offers more than 1,500m<sup>2</sup> of studio spaces, providing a hub for creative businesses to thrive. [Read the full story...](#)

**Attention Mid West Cornwall residents!** We've been introducing weekly food waste collections and fortnightly rubbish collections across Cornwall area by area. If you live in any of the following locations your new collections will start next March: **Camborne, Redruth, Falmouth, Penryn, St Mawes, Truro, Arobas, Trispen, Mitchell, Perranporth, St Agnes, Portreath and surrounding areas.** [Find out more about the changes](#)

[Forward to a friend](#) [Subscribe to the newsletter](#)

### OUR PRIORITIES FOR CORNWALL

- A brilliant place to be a child and grow up
- A thriving, sustainable Cornwall
- Vibrant, safe, supportive communities
- An empowering and enterprising Council

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