y in Touch Together for a carbon neutral Cornwall where everyone can start well, live well and age well How can we waste less and recycle more? https://letstalk.cornwall.gov.uk/recycling Share your views on how we can reduce waste and recycle more It's Recycle Week and we're asking for your views on how Cornwall can reduce waste and recycle more over the next ten years. Weekly food waste and fortnightly rubbish and recycling collections are currently being introduced across Cornwall, area by area. This has already resulted in people recycling more and there will be no changes to the roll-out schedule. However, to comply with new legislation and meet national targets set by the government, we will need to make changes to waste services in the coming years. So we're asking for your feedback on existing waste services and what more we can do to encourage waste reduction, reuse and recycling. The consultation includes questions about household collections, the household waste and recycling centres and street cleansing. Feedback provided by you will be used to update the our Waste Strategy. Find out more **Cornwall's Family Hubs – helping** children to have the best start for life Parenting is exciting and at times challenging, and we want Cornwall to be a brilliant place to be a child and grow up. Cornwall's Family Hubs help children and families have the best start for life. They support families from pregnancy through to 19 years, and up to 25 years for those with special educational needs and difficulties (SEND). Families can connect, access information, and receive support during their parenting journey. Approximately 2,750 families across Cornwall access Family Hubs weekly, finding them welcoming and safe. Hubs offer health and wellbeing services, family support, and sessions for children's play, learning, and development. Come along to your local Family Hub to find out what's available for you. Upcoming welcome events: • Bodmin Family Hub: 19 October, 10:00 – 13:00 • St Blazey Family Hub: 12 December, 12:00 - 16:30 Find out more ON MONDAY, OCTOBER 14 Appeal for information after six dogs found on moor Appeal for information over dogs found on moor We're appealing for information after six dogs were found on Bodmin Moor. Three dogs were found near St Neot, while the other three were found near Altarnun on Monday, October 14. The dogs are thought to be Labrador and Springer-types, and may have the same owner. The dogs do not have up to date microchips or identification tags and enquiries to establish how they came to be on the moor are continuing. If anyone recognises these dogs or may have information relating to how they came to be on the moor, please contact Cornwall Council's Community Protection team by calling 0300 1234 212 or email publicprotection@cornwall.gov.uk Get in touch with info **Cornwall Community Flood Forum** 2024 Conference The Cornwall Community Flood Forum is holding an event on 8 November which is open to everyone with an interest in flood risk and how to prepare and recover from extreme flood events. The theme for this year's conference, to be held at the Royal Cornall Showground, is 'How communities can help themselves by building resilience to flooding and coastal change'. The event is free of charge and will include refreshments. The Flood Forum are a charity whose aim is to prepare communities for extreme flood events, helping them to develop action and adaptation plans. They are working with the Making Space for Sand project to also look at the effect that climate change is having on rising seas, coastal erosion, increased storm events and coastal flooding and how to adapt to these changes and prepare for the future. Friday 8th November 9:00 - 15:45 Royal Cornwall Showground Spaces are limited but the event will also be streamed on-line. Book your place NHS **GET VACCINATED** HM Government It's time to get winter strong Make sure you and your loved ones are protected this winter against the flu and COVID-19. Protection from previous flu and COVID-19 vaccinations fades, and the viruses change over time. Getting your flu and COVID-19 vaccines means you keep topping up your protection and therefore your symptoms should be milder and you should recover faster if you run into these viruses this winter. If you are aged 65 and over, if you or your child has a long-term health condition, if you're pregnant, or if you work in health and social care, make sure you get your free flu and COVID-19 seasonal vaccinations to help protect you and your loved ones this winter. Check if you're eligible and book now on the NHS website, with your GP surgery, your local pharmacy or via the NHS app or by calling 119 for free. **Book your vaccination** Help shape the 5-year Plan for Tamar **Valley National Landscape** The Tamar Valley National Landscape team is inviting the public to participate in their 5-year Management Plan consultation events. This autumn, they are touring the Tamar Valley to discuss key issues such as maintaining footpaths, green travel options, nature and wildlife conservation, and extending cycle routes. With 2,100km of hedgerows and 644 listed buildings, it is crucial to gather input from all communities. The consultation period is ongoing, and there are several events where you can share your thoughts and priorities. • Wednesday 23 October, 10:30am-4pm, Plymouth Train Station • Saturday 26 October, 10am-5pm, Tamar Valley River Festival, Calstock • Wednesday 30 October, 10am-1pm, Tamar Valley National Landscape's Annual Forum, Duchy College, Stoke Climsland • Friday 1 November, 11am-4pm, The Guildhall, Saltash The consultation closes on 1 November 2024. View the plan and complete the survey Proud to Care award winner ifetime achievement Well, it's care Meet Joy. At 94 years old, she's just won the Proud to Care Lifetime Achievement Award **Meet our Proud to Care Lifetime Achievement Award winner** Meet Joy our incredible Proud to Care Lifetime Achievement Award winner. Joy began her career in care at 71 and continues to inspire and bring smiles to residents faces every day. Her dedication is truly remarkable and she's got great advice for anyone thinking about a career in care. If you're looking for a job in care visit the **Proud to Care website**. Find out about more of our award winners here. Find out more This summer a partnership From this week National Highways are implementing traffic controls between community hubs, town on local roads on and around the councils and local health and Chiverton gyratory from 9.30am to wellbeing services, delivered 8 3:30pm each day for 6 to 8 weeks. summer wellbeing festivals to launch the 'Healthier Together' The first phase narrows the A390 campaign. approach to Chiverton to one lane. The second phase narrows the Over 2,000 people attended the A3075 and B3277 approaches to festivals and over 300 received one lane. Through traffic on the new health checks as part of a drive to A30 dual carriageway will not be encourage local people to make affected by these restrictions. small changes to look after their long term health. **Find out more** Watch the summer festival of wellbeing film STOP. **HAVE YOUR SAY** It's never too late to go Smokefree Whether you've tried before, or it's The Devon & Cornwall Rail your first time, this October is the Partnership would like to know ideal time to quit smoking. what you think about the Maritime Line which links Truro, Perranwell, If you'd like further support from our Penryn and Falmouth. helpful and friendly team of stop smoking advisors, then get in touch Have your say on its train service today by calling Healthy Cornwall on and stations and what **01872 324 200** or email improvements you'd like to see healthy.cornwall@cornwall.gov.uk or complete the online form **here**. Take the survey Find out more **News in brief** If you work in the food industry here in Cornwall why not join the free webinars from <u>Business Regulatory Support</u> to learn how to ensure good practice when it comes to Allergens and Food Hygiene law. • How to get a 5-star Food Hygiene rating - Tuesday 22 October at 10am • Allergen Awareness - Wednesday 30 October at 10am Find out more and register here Newlyn residents can have their say on plans for walking and cycling improvements in the town. A public exhibition is taking place at The Centre on Friday 1 November and a threeweek consultation is now underway. **Find out more** Subscribe to the Forward to a friend newsletter **OUR PRIORITIES FOR CORNWALL** A thriving, Vibrant, safe, A brilliant place An empowering supportive to be a child and enterprising sustainable communities and grow up Council Cornwall Copyright © 2024 Cornwall Council, All rights reserved. Want to change how you receive these emails? 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