

View this email in your browser



Stay in Touch

Together for a carbon neutral Cornwall where everyone can start well, live well and age well



There's help for households.

If you've reached State Pension age and your weekly income is below **£218.15**, or **£332.95** if you live with a partner, you could be eligible for Pension Credit – even if you own your home or have savings.



£3,900 for five minutes of your time?

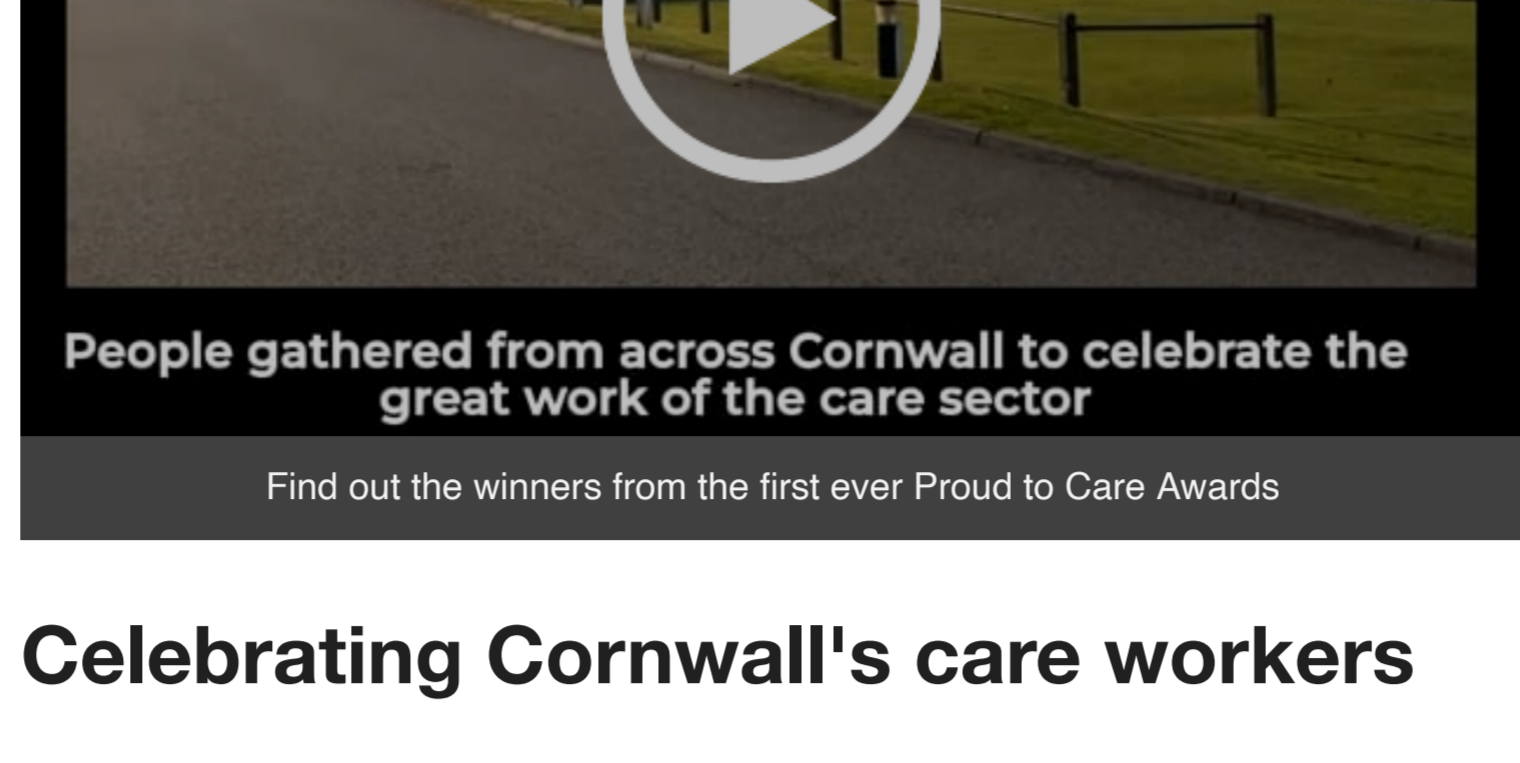
Help spread the word to anyone you know over State Pension age that they could be missing out on extra money.

Spending 5 minutes using the government's online 'can I claim Pension Credit?' checker tool and find out if they're entitled to extra support.

They might be allowed to claim even if they :

- have savings
- own their own home
- are working
- are getting a small occupational pension
- have been turned down in the past

[Check if you're eligible for pension credit](#)



People gathered from across Cornwall to celebrate the great work of the care sector


Find out the winners from the first ever Proud to Care Awards

Celebrating Cornwall's care workers

Care workers from all over Cornwall were honoured recently at a special event to recognise their commitment to helping others lead independent lives.

There were over 250 nominations for various care sector roles, including nurses, support workers, personal assistants, and more. A panel consisting of health and care staff, voluntary organisations and care recipients met to shortlist and select the winners.

[Find out the winners](#)



Find out what support is available to help you quit with Healthy Cornwall

Commit to quit!

Stoptober is just around the corner, so if you're a smoker make this the year you commit to quit.

Contact the team at Healthy Cornwall to get free 1-2-1 support and help to access things like patches and vapes, because with the right help, you're up to three times more likely to quit than with willpower alone.

To start your smokefree journey, email healthy.cornwall@cornwall.gov.uk or call 01872 324200.

It's never too late to stop and with the right support you can do it!

[Get help to quit](#)



You can have the RSV vaccine from week 28 of your pregnancy

Having the RSV vaccination in pregnancy reduces your baby's risk of severe RSV lung infection by around 70% in the first 6 months of life.

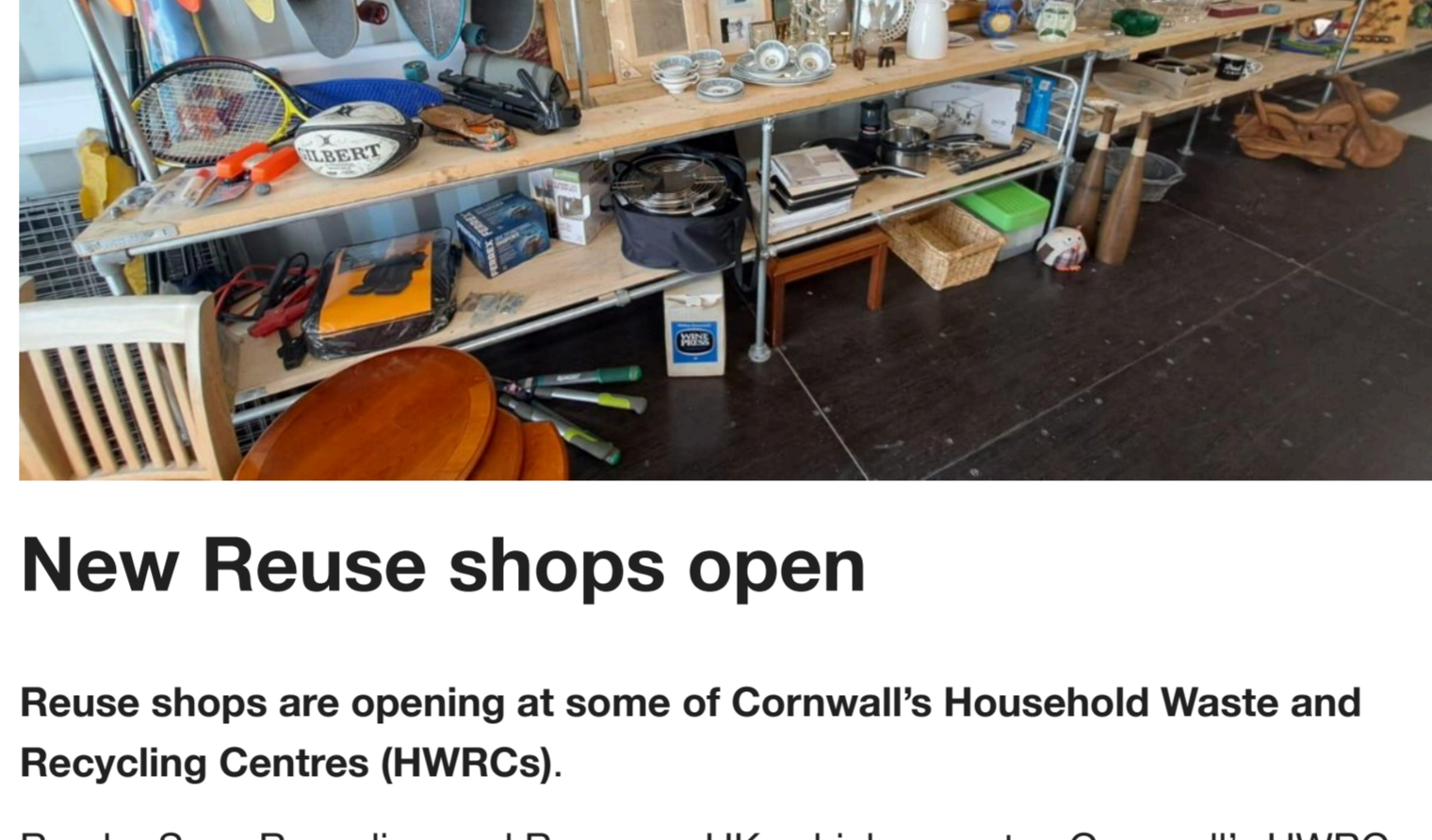
Speak to your maternity service or GP practice to arrange an appointment.

Protect your baby from RSV

Respiratory syncytial virus (RSV) is a major respiratory virus that is most common over the winter period, typically October to February. While the symptoms are mild for many, for some it can have much more serious consequences. The new RSV vaccination programme launching this September will help to prevent thousands of cases of RSV, GP visits and hospital admissions.

Around 20,000 babies under 1 are hospitalised with RSV in the UK each year. Sadly we see 20 to 30 infant deaths as well. You can have the RSV vaccine from week 28 of your pregnancy. Having the RSV vaccination in pregnancy reduces your baby's risk of severe RSV lung infection by around 70% in the first 6 months of life. Speak to your maternity service or GP practice to arrange an appointment

[Find out more](#)



New Reuse shops open


Reuse shops are opening at some of Cornwall's Household Waste and Recycling Centres (HWRCs).

Run by Suez Recycling and Recovery UK, which operates Cornwall's HWRCs on behalf of Cornwall Council, Kernow Reuse Shops will stock a variety of pre-loved items including home and garden accessories, small electricals, sports equipment, books and DVDs, and everything in between. The items are sold at the shops for affordable prices.

Shops have already opened at Truro and St Austell HWRCs, with more due to open in the coming months.

People can donate pre-loved items for the shops at all of Cornwall's HWRCs. Donated items will be sold at the reuse shops or given to charity organisations. Kernow Reuse shops will be open between 9am and 4pm seven days a week.

[Find out more](#)



Will Yeomans
Programme Analyst

Council for the last couple

Hear about how our updated chatbot works

New chatbot to help you get information fast

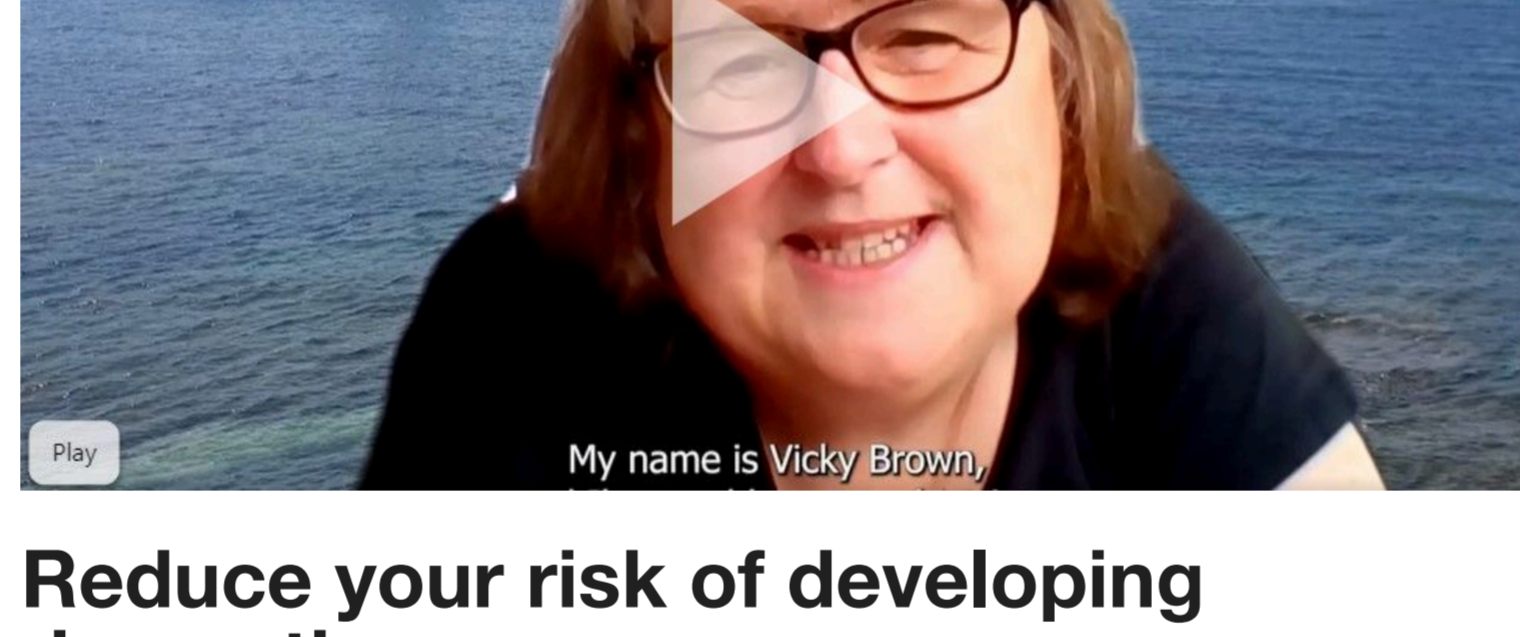
Residents in Cornwall will get help from a new and improved chatbot which has just launched on the Cornwall Council website.

The chatbot nick named 'Ker-Know' can answer questions on all the services offered by the council, from waste to education, and do tasks by responding to messages in real time.

It does this by using Artificial Intelligence (AI) to search the website on behalf of residents, intelligently responding to their inquiries.

Ker-Know can now resolve almost three quarters of enquiries received by the council daily.

[Find out more](#)



My name is Vicky Brown

Reduce your risk of developing dementia

September is World Alzheimer's Month, so throughout the month we're sharing some top tips for reducing your risk.

There are a whole range of things you can do to lower your chances of getting Alzheimer's disease and all types of dementia in later life.

In this video Dr Vicky Brown, shares her top tip to avoid loneliness and isolation.

[Find out how to reduce your risk](#)



Switching off/dimming street lights

www.cornwall.gov.uk


We're dimming more streetlights

We're rolling out the next phase of our initiative to reduce carbon emissions and save on energy costs by adjusting street lighting.

Street lights in more areas will be dimmed or turned off between midnight and 5am, when most residents are asleep.

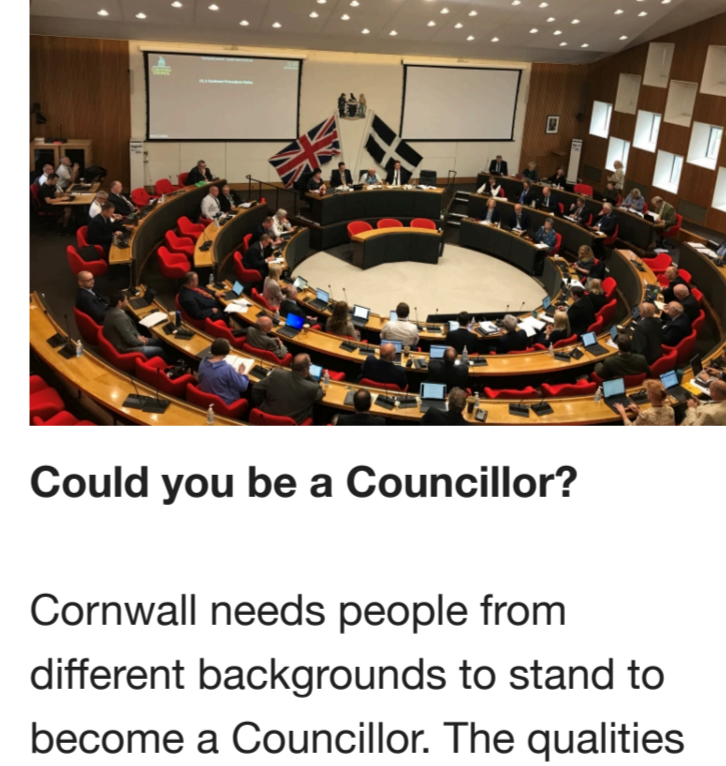
From Monday, 30 September street lights in Callington and Kelly Bray, Culdrose, Gweek, Mawgan, and Porthleven will be dimmed overnight.

[Find out more](#)



So, we are looking at how we can help you improve the condition of your home and maintain your independence

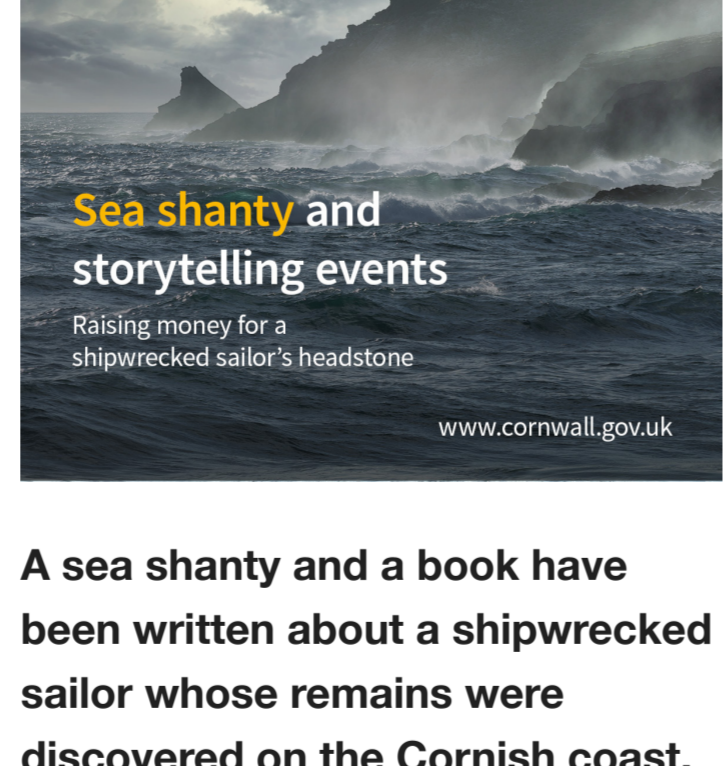
Swipe Right



Could you be a Councillor?

Cornwall needs people from different backgrounds to stand to become a Councillor. The qualities you need are a desire and passion to make a difference and improve the community you represent.

If you are passionate about your local community, we need you. Councillors make a huge difference to the quality of life for local people. We need people from all backgrounds and experiences who reflect the whole of Cornwall to stand for election. [Find out more...](#)



Sea shanty and storytelling events

Raising money for a threatened seal population

www.cornwall.gov.uk



Could you be a winner?

Cornwall Sustainability Awards

A sea shanty and a book have been written about a shipwrecked sailor whose remains were discovered on the Cornish coast.

The shanty, written by Toby Lobb (Fisherman's Friends, Loveridge), and the book, written by local author Gareth Rees, will be performed at a series of events to raise money for a headstone to mark the sailor's final resting place.

[See all the events and book your place.](#)

The Cornwall and Isles of Scilly sustainability awards are open to any business, community organisation, school, social enterprise or charity based in Cornwall or the Isles of Scilly.

Award categories for this year are:

- Most Sustainable Organisation
- Growing Greener
- Circular Economy
- Environmental Growth
- Carbon Positive

Entries close on 31 October 2024 - [nominate or apply online.](#)

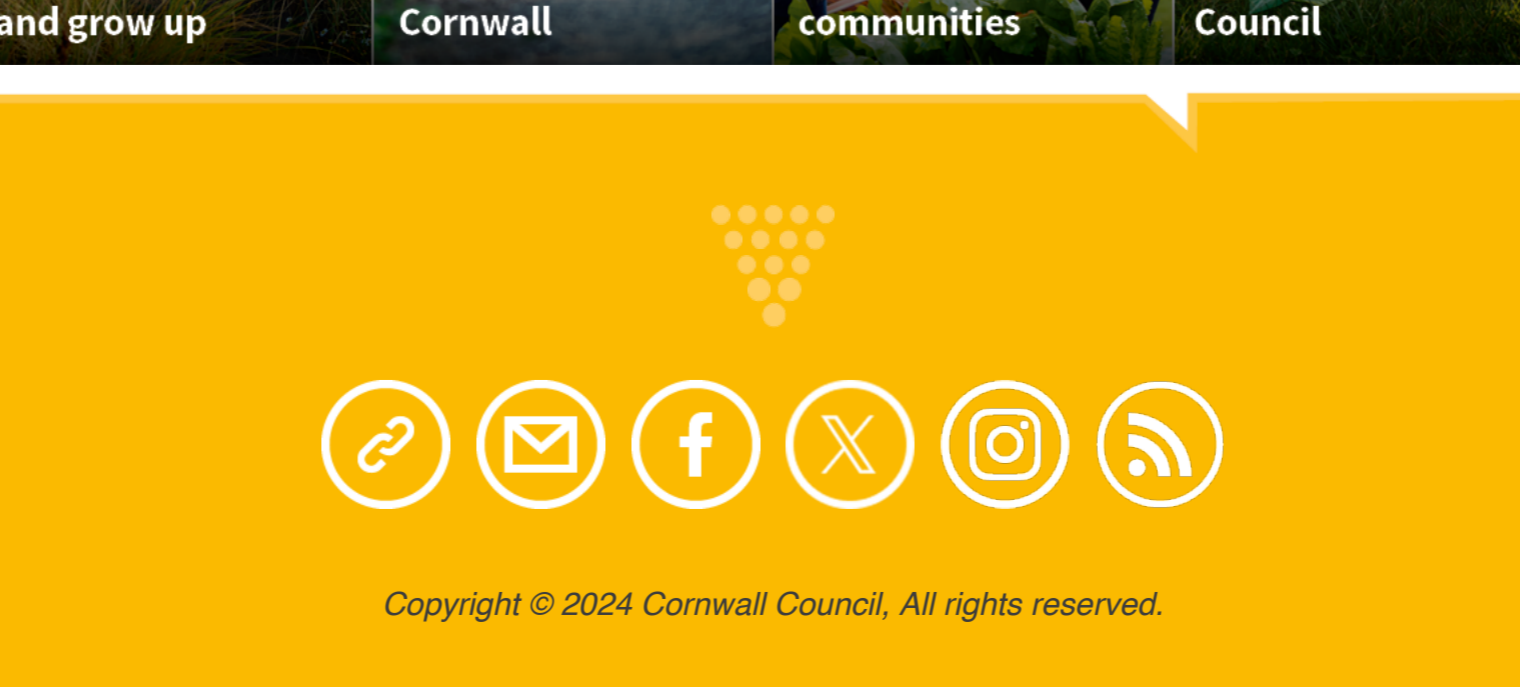
News in brief

We're listening to you! Our next event for you to come and meet Cornwall Council Leader, Cllr Linda Taylor, is on Thursday 3 October, 7pm in Redruth. Please join us at the Community Centre, Foundry Row, TR15 1AN. [Find out more...](#)

We're running our annual resident's survey. You may receive a call from a company running the survey on our behalf to ask questions over the phone. This is a legitimate call and not a scam - they will prove they're working for us.

[Forward to a friend](#) [Subscribe to the newsletter](#)

OUR PRIORITIES FOR CORNWALL



Copyright © 2024 Cornwall Council. All rights reserved.

Want to change how you receive these emails? You can [update your preferences](#) or [unsubscribe from this list](#)

