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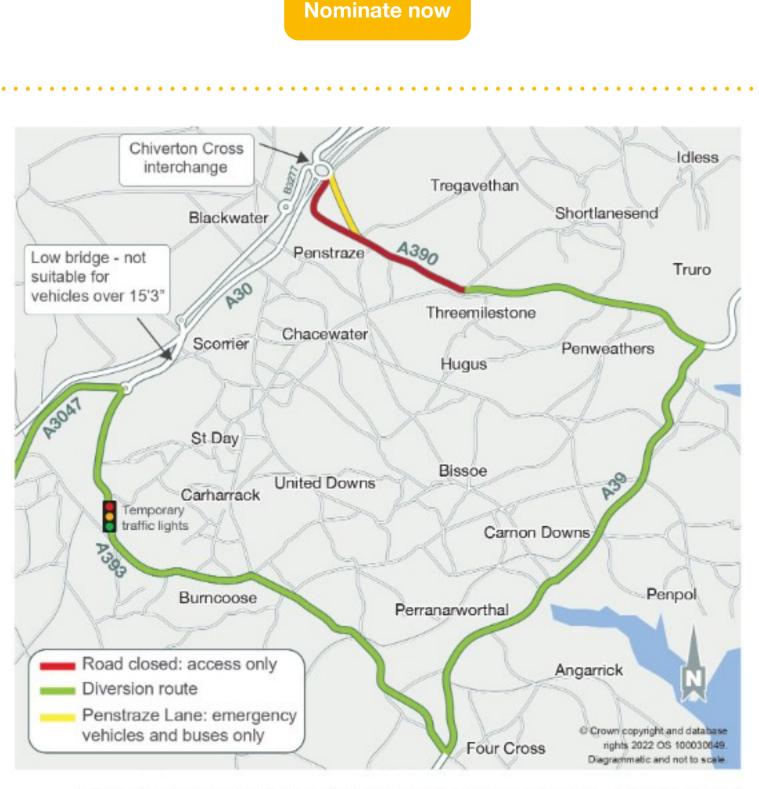
one and all • onen hag ol in Touch Together for a carbon neutral Cornwall where everyone can start well, live well and age well Proud to Care HELP US SHINE A SPOTLIGHT ON CORNWALL'S extraordinary care workers Nominate an outstanding care worker for an award by 30 June Nominate here... proudtocareawards.co.uk

Nominate your care hero

We're celebrating the valuable work and fantastic achievements from across Cornwall's care sector.

With more than 15,000 workers supporting adult social care from the independent sector in the county, we need your help to nominate the shining stars from across Cornwall.

Do you know an outstanding carer? Please nominate them for an award - there are lots of categories to choose from and you'll really be making someone's day.



Diversion route in place each weeknight between 20 - 31 May 2024

Ongoing A390 overnight closure

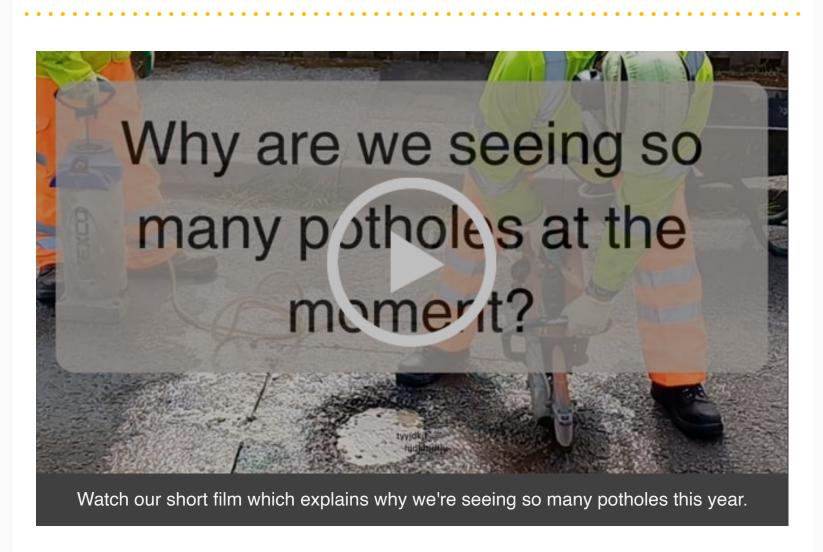
As part of the works to the Northern Access Road there are overnight closures of the A390 in place until 31 May.

The A390 will be closed between Langarth Park & Ride and the Chiverton Interchange on weeknights from 7pm until 6am.

All traffic for the closure (including HGVs and high sided vehicles) will be diverted via the B3285 and A3075. Local access north and south at Chiverton and via the B3284 at Chybucca will be maintained throughout.

As part of the Northern Access Road project, Cornwall Council's contractor Cormac will be carrying out surfacing work on the A390 between West Langarth and Threemilestone in preparation for a traffic switch in June.

Get the latest updates



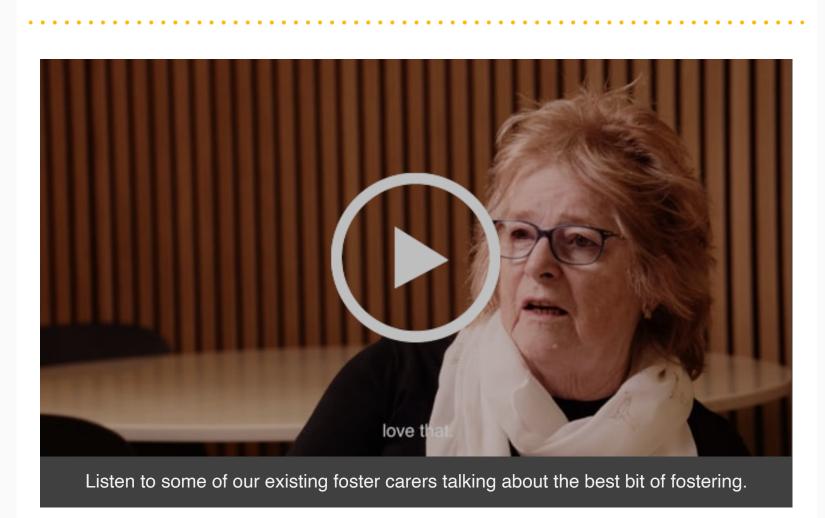
Why are we seeing so many potholes?

We're responsible for around 7,300 km of Cornwall's roads, which laid end-to-end would stretch all the way from Lands End to Vancouver, Canada.

That's a lot of road to maintain! As part of their work, our highways crews have filled over 45,000 potholes during the last year - more than double compared with the same period in 2022/23.

Why are we seeing so many potholes? And what is the Council doing about it? Find out why in this short film

Watch the film



Thinking about fostering?

It's nearly the end of foster care fortnight, but there are still around 40 children who need foster care in Cornwall.

We currently have a shortage of foster carers, so if you think it's something you'd like to consider please call us for a friendly chat on 0300 456 0120 or click the button below for more information.

In this video some of our wonderful foster carers tell us what they love about being a foster carer.





www.cornwall.gov.uk/hwrc

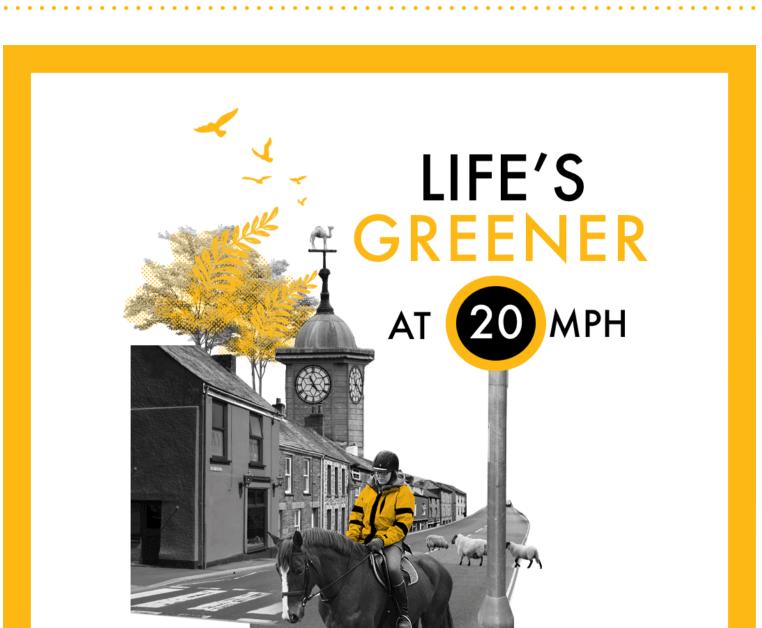
Find a quiet time to visit a household recycling centre

Heading to your local household recycling centre over this weekend? The sites can get busy on bank holiday weekends, so please be patient and considerate to others on the road.

To avoid queues, you could try going during quieter times like 9-10am or 3-4pm. Sort your items before you go for faster drop-off.

Most sites are open 9am-4pm every day, including bank holidays. To find your nearest centre and for recycling info, use the button below.

Find a waste and recycling centre





Life's Better at 20mph rollout continues

We're continuing to roll out our Cornwall-wide introduction of 20mph speed limits on certain roads...

After successful trials in Camelford, Falmouth and Penryn, the programme's now being introduced in Truro and the Roseland, Camborne, Pool, Illogan and Redruth.

You'll see updated signage and road markings in areas where pedestrians mix with traffic, which means the new limits are in place. Then through June and July the changes will begin to take effect in West Penwith.

If you live in Torpoint, Saltash and the surrounding areas, we'd love to hear what you have to say on the proposed changes where you live through our consultation process online.

Driving at a slower speed makes these areas safer for everyone, reduces the number of serious collisions and brings wider health and air quality benefits.

Read more about Life's Better at 20mph



Working for us at the General Election

Thank you to everyone who worked for us during the recent Police and **Crime Commissioner elections.**

As you'll be aware a General Election has been called for 4 July, and we'd love your help again. Please look out for an email from us to see if you'd like to repeat the role.

We'll shortly be opening up applications for new staff to help with a variety of roles on the day, and we'll let you know how to get involved when the process for registration is open.



Looking for something FREE to do with the children over 1/2 term? Check out the events at Kresen Kernow.

On Tuesday 28 May from 10am until noon you can head along to make Cornwall collage magnets. Inspired by the current exhibition showcasing some archive and library treasures, make a fridge magnet using copies of postcards of Cornish scenes from their collections!

Or on Thursday 30 May 10am until noon get ready for a captivating story session with Alasdair Hoswell, as he shares tales of Cornish giants, inspired by legends from long ago.



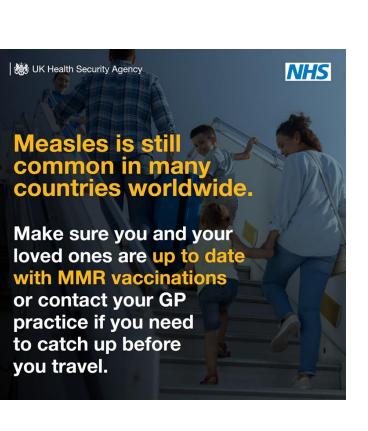


Avoid uninvited guests at your bank holiday BBQ.

Bank holiday weekends are perfect for a barbeque with family and friends. Just watch out for watch out for food poisoning as your uninvited guest.

Remember warm weather and outdoor cooking can create ideal conditions for bacteria to grow. If you've ever had food poisoning, you'll know how unpleasant it can be. For infants, older people or those with ill health it can be serious. Sometimes even deadly.

So take a look at these barbeque food hygiene basics



With half term coming up, we're sure some of you will be heading off to visitor attractions across Cornwall.

Petting animals on a farm visit can be a wonderful experience for all ages, but be sure to practice good hygiene and wash your hands well with soap and water afterwards to protect yourself against infection.

Learn more about how to prevent infection on farm visits in this UKHSA leaflet.



Do you, or someone you care for, have type 1 diabetes, type 2 diabetes, or gestational diabetes?

Or perhaps you have a family history of diabetes and want to understand more about diabetes services?

We are looking for local people across Cornwall and Isles of Scilly with lived experience of diabetes and diabetes services, to provide feedback and ideas to help us shape the way we provide diabetes care in the future.

Find out what's involved and register your interest by completing the online form by Friday 31 May 2024. There is also a section on the form where we ask you what we can do to help make it possible for you to attend.

Measles can have serious and sometimes fatal consequences, and is still common in many countries worldwide.

If you're planning to travel abroad with your family this year, make sure you and your loved ones are up to date with your vaccinations, including the MMR vaccine. Contact your GP practice to book any catch up jabs before you travel

Find out more on the **NHS website**.



Do you have friends or family visiting this half term?

Whether you're struggling with sinusitis, needing stitches or forgotten to bring a prescription, this half term the NHS is reminding residents and visitors to think carefully about which service they need. Cornish pharmacists can help with a range of Pharmacy First conditions including ear infections,

rashes, infected insect bites, shingles, sinusitis, urinary tract infections and sore throats – age restrictions do apply. There's also a network of ten minor injury units and an Urgent Treatment Centre open every day, including weekends, bank holidays and evenings – there is lots of choice available for visitors and residents alike.

People are asked to only call 999 or visit the emergency department (ED) for life or limb emergencies so we can keep ED and our hospitals available for those who need them the most. Find out more on the **NHS website.**

News in brief

Cllr Linda Taylor has been re-elected as Leader of Cornwall Council at the authority's Annual Meeting in Truro on Tuesday 21 May. Cllr Taylor, who first became leader following the elections in 2021, was elected unopposed, and made only one change to the Cabinet. Read more...

All waste collections will carry on as usual on bank holiday Monday, 27 May. So, if you normally put out your food waste, recycling or rubbish on Mondays, please remember to do that by 7am. All our Household Waste Recycling Centres in Cornwall will be open on Monday at the normal times.

